

JSCNC Newsletter

A Publication of Jain Study Center of North Carolina
509 Carriage Woods, Raleigh, NC 27607 U.S.A.
<http://www.jscnc.org>

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Oct 2012

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Editor's Corner

Jai Jinendra,

The last big event of the year, 'Camp Lalit' was a big success. Adults and children alike, everyone looks forward to this overnight outdoor camp. On behalf of the executive committee, I want to thank everyone who helped make this event a big success. We were fortunate to have Shri Bhadrabahuji this year who led a great set of discourses.

Regards,

Anand Shah

(Secretary, JSCNC)

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1. Monthly Meeting

The community holds its monthly meetings at the Hindu Temple in Morrisville, NC. We invite everyone to attend the monthly meetings.

Please inform our Food Coordinator, Mr. Ajay Shah for planning purposes if you are planning to attend.

Monthly Meeting Format

10:45 a.m.	Prayer/Stavans
11:00 a.m.	Item(s) / presentation by Paathshala children
11:15 a.m.	Administrative/Committee activities
11:30 a.m.	Discourse/discussion
12:45 p.m.	Other Announcements
01:00 p.m.	Lunch

If you are going to be attending the Aayambil Oli at Kiritbhai & Jyotiben's house, please make sure you inform Ajaybhai that you will not be having lunch after the meeting at the temple.

2. Announcements

Richmond Sangh Chaitya Paripati

On Sunday Oct 7th, JSCNC hosted Richmond Sangh (JSVA - Jain Samaj of VA). I want to thank everyone who came and helped set-up the food, tables, chairs and stayed late awaiting the Sangh's arrival. Due to transportation issues, the Sangh could not arrive on time - 10.30pm instead of 6.30 pm. Due to the late hour and Sunday, a number of volunteer families who had come earlier had left for the evening by the time the Sangh arrived. Special thanks to Mr. Harshad Shah and Mr. Pritesh Shah who stayed up late in the night helping us welcome the Sangh. Here is a copy of the email we received afterwards from Mr. Sanjay Gandhi on behalf of JSVA.

Jai Jinendra,
Kamleshbhai and Anandbhai,

Wow! your commitment to host JSVA was truly commendable.

During Chaitya Paripathi JSVA Sangh members on the bus trip from Atlanta were very hungry, tired and

NEXT MONTHLY MEETING

Oct 21

Discourse Topic
rEvolution of Mind
As presented at YJA

Speaker

Mr. Sudhir Shah

This multi-media presentation in English is geared towards both youth and adults. Using neuroscience and quantum physics, we will examine aspects of Jain philosophy, understand how human mind work, what limits us, what empowers us.

- Are you doing all the things you have learned to do - yet find yourself empty, frustrated and unfulfilled and don't know why?
- Have you separated your spiritual life from your daily life because you don't know how to bring them together?
- Have you buried your true self and gifts within you because you don't know how they fit in your life?

then join us on this spiritual quest in light of scientific and metaphysical research.

in need of rest. Despite our bus problems on Sunday night. At 5:30pm bus had a flat tire south of Charlotte, by time they fixed at 7:45p, our journey from Charlotte to Raleigh Temple was 3 hours and we arrived at 10:45 upon your persistant invitation to host by both of you. Darshan were done quickly and we were brought to dining hall at 11:15pm.

We had "tears of joy" when we learned only few people from Sangh were available for "Perfect Swamivtsalya" in short time during a cold night with love, pride of serving and smile. Please accept our "Michami Dukdamm" to you and your Sangh. We will never forget your commitment to help and host us on Oct 7th.

This heartfelt experience must go in "Records books" for us. We hope you will give us an opportunity to serve in future, on your Sangh's next North bound trip. All of you who helped are "Bhagyashali" for the great work of "Punya" .

To stay till lam to serve and for the benefit of others is just "outstanding karma"

We thank you from bottom of our hearts.

"strong bond of friendship" between JSVA and Raleigh Jain Center will be remembered for ever. These kind of "Anubhav" are memorable in life and Jainism for ever!! this is what we live for.....

Sincerely with thanks
on behalf of JSVA
Sanjay Gandhi

Cropwalk 2012

Raleigh Crop Walk 2012 co-sponsored by JSCNC is organized at 2.00 PM on Sunday October 28, 2012 at Kids Marble museum, down town Raleigh. It is organized by Church World Service to end hunger.

CROP Hunger Walks help children and families worldwide - and right here in North Carolina - to have food for today, while building for a better tomorrow. Our local efforts are making a huge difference, and so can you. The CROP Hunger Walk is the heart and soul of Raleigh! It is the only event that brings together all members of our community - young and old, all faiths and walks of life for a common goal - to end hunger, one step at a time! Our Walk engages a broad cross-section of the community in service to the neediest of the world. It is an interfaith, community-oriented event that (1) raises funds to help hungry people, (2) raises awareness of hunger as an issue, (3) engages and trains volunteers for community service, and (4) brings together persons of many ages and backgrounds in a common endeavor.

JSCNC's Role:

JSCNC is actively involved, and greatly recognized by CWS Raleigh Crop Walk and Triangle interfaith alliance because

1. JSCNC is one of the leading sponsors of the walk.
2. JSCNC volunteers manage walk fiscal lead by Ajay Shah. (8 Volunteers)
3. JSCNC members walk and donate. (Last year 6 walkers raised \$739 in donation).

It is also a great opportunity for young volunteers for charitable work, and learn processes. CWS provides certificate for the time they spend to help.

Please call Mr. Ajay Shah 919 601 2624 or email ajay.r.shah@gmail.com on or before October 21, 2012, if you wish to register as volunteer on 10/28/2012 1.00 PM through 5.00 PM. For more information, go to <http://www.cropwalkraleigh.com> .

Samuhik Aayambil Oli

Aaso month Aayambil Oli starts on Sunday October 21. Jyoti Kirit Shah is planning to host samuhik aayambil on this first day of Oli. Please note October monthly meeting is also on same day. Aayambil will start around 1 pm at Kiritbhai's house after the conclusion of monthly meeting/Aarti.

Please try to RSVP for Oli by October 14 for better planning. Also, do not forget to let Ajaybhai Shah know if you will not be having lunch at the temple after our monthly meeting.

Contact Mrs. Jyoti Shah at 919-469-5158 if you have any questions.

Jyoti Kirit Shah
511 Hickorywood Blvd
Cary, NC 27519

Swami Shrutpragya Ji's Visits

Many of you remember Swami Shrutpragyaji from JSCNC Camp 2011. A group of local leaders have organized Swamiji's visit to Raleigh this year. There are several evening sessions as well as a 2 day camp. Venue and details are below.

The agenda is subject to some minor changes so please make sure you contact the organizers and watch your emails for further updates.

For registration or more information please contact: Mrs. Madhu Gangwal (madhugangwal@hotmail.com 919 467 4336) or Mr. Vigyan (vigpriya@yahoo.com 919 342 5091)

Shri Swami SHRUTPRAGYA Ji-visits Raleigh Oct 25th thru Oct 28th 2012

For details visit www.pomyc.org

Wednesday Oct 24 Lecture Session 7:30 PM – 9:00 PM
Venue: Kirit & Jyoti Shah, 511 Hickorywood Blvd, Cary, NC 27519. Phone 919-469-5158
Lecture Topic: **“TBD” (in Gujarati)**
Attendance: Open to all

Thursday Oct 25 Lecture Session 7:00 PM – 8:30 PM
Venue: Hindu Temple, (HSNC) 309 Aviation pkway, Morrisville, NC
Lecture Topic: **“What we are missing in the life?”**
Attendance: Open to all

Friday Oct 26 Lecture Session 7:30 PM – 9:00 PM
Venue: Kirit & Jyoti Shah, 511 Hickorywood Blvd, Cary, NC 27519. Phone 919-469-5158
Lecture Topic: **“TBD” (in Gujarati)**
Attendance: Open to all

Saturday Oct 27 Enlightenment Camp 10:00 AM - 4:00 PM
Venue: Harmony Reserve Community hall (Turner Creek Rd, Cary, NC)
Camp Theme: **“Emotional Balance”**
Dress code: White
Attendance: By Registration (\$20/person for 2 days) (Must attend both days Oct 27 & 28th)

Camp agenda

10.00am - 10.30am - Enlightening for Meditation
10.40am - 11.00am - Meditation Practice
11.00am - 11.45am - Emotional Balance part-1
11.50am - 12.40pm - Total body relaxation Practice
12.50pm - 02.15pm - Lunch and Break (Lunch included in fee)
02.15pm - 03.00pm - Emotional Balance Part-2
03.00pm - 03.20pm - Pranayam Practice
03.20pm - 04.00pm - Q and A

Saturday Oct 27 Lecture Session 7:00 PM – 8:30 PM
Venue: Harmony Reserve Community hall (Turner Creek Rd, Cary, NC)
Lecture Topic: **“Importance of Meditation in Life“**
Attendance: Open to all

Sunday Oct 28 Enlightenment Camp 10:00 AM - 4:00 PM
Venue: Harmony Community hall (Rt 55 – Harmony subdivision- Cary)
Camp Theme: **“Emotional Balance”** (continue from Saturday session)
Dress code: White
Attendance: For Registered attendees only (\$20 /person for both days)

Camp agenda

10.00am - 10.30am - Exercise and light Yoga
10.40am - 11.00am - Meditation Practice
11.00am - 11.45am - Emotional Balance part-3
11.50am - 12.40pm - Total body relaxation Practice
12.50pm - 02.15pm - Lunch and Break ((Lunch included in fee)
02.15pm - 03.00pm - Emotional Balance Part-4
03.00pm - 03.20pm - Special Meditation Practice
03.20pm - 04.00pm - Q and A

Sunday Oct 28 Lecture Session 7:00 PM – 8:30 PM

Venue
Lecture Topic:
Attendance:

Harmony Community hall (Rt 55 – Harmony subdivision- Cary)
“Destiny and Hard work“
Open to all

3. Upcoming Activities

This JSCNC 2012 calendar is online. Please visit <http://www.jscnc.org> and click Events. The calendar has the most up-to-date listing of all confirmed activities for the year. All the tithis (Lunar Days) are also posted on the online calendar.

Swadhyay - twice a week - Contact Mr. Harshad Shah

Mahavir Puja - once a week - Contact Mrs. Rekha Banker

4. Pathshala Corner

JSCNC Pathshala serves our young kids to instill spiritual development, self-awareness and promote Jain identity in individuals, based on the principles of Jainism. The teachers pay special attention to the needs of young and older groups and have structured curriculum as such.

The Paathshala classes take place every first Sunday of the month from 12:30 p.m. - 2:00 p.m. in the Hindu Temple Cultural Hall AND on 3rd Sundays during the monthly meeting. If you plan to attend and/or need more information, please call Mrs. Rita Lodaya or Mrs. Sejal Shah. Paathshala e-mail address is JSCNCpathshala@yahoo.com.

Sign-in/Sign-out Process

I wanted to remind everyone that children's safety is our utmost concern. Our pathshala attendance continues to grow. All pathshala classes are held on safe premises of Hindu Center, however there is considerable traffic in the parking lot. To help pathshala teachers maintain order and keep everyone safe, we are asking all the parents **to sign in and sign out** their kids - irrespective of the age of their child - during the 1st Sunday pathshala. We request very basic information (Who, When and emergency contact). We will use this process for all future youth activities. The goal of this process is to balance convenience and children's safety.

Please continue to follow this process. It is important to cooperate with the teachers for the safety of your children.

6. Supporting our center

You can support our Center by:

- Becoming a member if you are not already: Please print a form from our website: <http://jscnc.org/docs/MembershipForm.doc>, complete it and mail it by following instructions
- By making a generous donation for Education Fund or Jiv Daya or Mahavir Jayanti or general donation. Follow this link to <http://jscnc.org/HowToMakeADonation.php> to learn how to make a donation.

Your support is greatly appreciated.

Anand Shah
(Secretary, JSCNC)