



Jain Study Center of North Carolina
509 Carriage Woods, Raleigh, NC 27607 U.S.A.
Phone/Fax (919) 859-4994

Paryushan Maha Parv – 2013

Jain Study Center of North Carolina will observe Paryushan from **Aug 31st - Sep 7th**. Please note that these dates are different from traditional Paryushan dates [**Sep 2nd - Sep 9th**]

Our Sangh is fortunate to have Samniji Shruthnidhi ji & Samniji Suyashnidhi ji visit us during Paryushan this year. They will be here from **Aug 28th - Sep 1st**. Many of the attendees of the JAINA 2013 Convention in Novi (Detroit) MI met two Sthanakvasi Samani jis, who have mastered the teachings based on the Anuppeha Dhyan Yog Sadhana. They are fluent in Marwadi, some Kannad and Gujarati. Their discourse schedule is published in the event list below followed by their detailed BIO and a list of topics that they can cover. **If you are interested in any specific topics for a discourse or would like to host Samniji's lecture, please send contact Madhuker Mehta (top.mehta@gmail.com or 919-816-0900).** The afternoon discourses can be arranged at any of the RTP area Shravak/Shravika's home provided they can arrange to receive and bring Samnijis back to the Mehta Residence in Cary.

Also, during this maha parva, we would like to send our good wishes to all those who are planning to do Tapasya. Do bring to our attention any tapasya by sending a quick email to Anand Shah (anand2.shah@gmail.com). All Tapasvis will be recognized in our upcoming newsletter as well as regular meeting.

Finally, during the auspicious occasion of Paryushan, consider donating generously towards Jiv Daya, Scholar Fund, Paathshala / children's activities or the General Fund. All contributions to JSCNC are tax-deductible. Make your check payable to "Jain Study Center of North Carolina" or simply "JSCNC", and either hand them to any Committee Member, or mail them to the Treasurer: Jagdish Shah.

Calendar of Events for Paryushan 2013

Date	Time	Host/Place	Event	Notes
Thu 08/29	3:00 pm – 4:30 pm	Mr. Madhuker & Mrs. Gita Mehta 100 Windspring Ct, Cary, NC 27518 (Phone: 919-816-0900).	Samniji's Discourse	
Thu 08/29	8:00 pm – 9:30 pm	Mr. Madhuker & Mrs. Gita Mehta 100 Windspring Ct, Cary, NC 27518	Samniji's Discourse	



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Date	Time	Host/Place	Event	Notes
		(Phone: 919-816-0900).		
Fri 08/30	3:00 pm – 4:30 pm	Mr. Madhuker & Mrs. Gita Mehta 100 Windspring Ct, Cary, NC 27518 (Phone: 919-816-0900).	Samniji's Discourse	
Fri 08/30	8:00 pm – 9:30 pm	Mr. Madhuker & Mrs. Gita Mehta 100 Windspring Ct, Cary, NC 27518 (Phone: 919-816-0900).	Samniji's Discourse	
Sat 08/31	9:00 am – 11:15 am	Hindu Bhavan Temple Hall	Puja on First Day of Paryushan.	Please arrive 15 minutes early so we can start the Puja at 9 AM sharp
Sat 08/31	11:15 am – 12:15 pm	Hindu Bhavan Temple Hall	Discourse by Samniji Shruethnidhi ji & Suyashnidhi ji	
Sat 08/31	8:00 pm – 9:30 pm	Mr. Madhuker & Mrs. Gita Mehta 100 Windspring Ct, Cary, NC 27518 (Phone: 919-816-0900).	Samniji's Discourse	
Sun 09/01	10:30am - 1:00pm	Arvindbhai and Arunaben Shah 8705 Stage Ford Rd., Raleigh, NC 27615. Phone#: (919) 518-1112	Monthly meeting. Speaker: Samniji Shruethnidhi ji & Suyashnidhi ji Topic: TBD	
Fri 09/06	8:00 pm - 10:00pm	Hindu Bhavan Temple Hall	Bhavana	Coordinators: Mr. Arvind Shah, Mr. Mayur Lodaya, Mr. Pratyush Mehta, Mr. Dilip Shah and Mr. Amit Pothiwala
Sat 09/07	10:00am - 12:30pm	Hindu Bhavan Temple Hall	Puja on Last Day of Paryushan.	Please arrive 15 minutes early so we can start the Puja at 10 AM sharp
Sat 09/07	5:00pm - 8:00pm	Dr. Maheshbhai and Induben Varia	Samvatsari Pratikraman	For adults - 5:00 p.m. sharp.



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Date	Time	Host/Place	Event	Notes
		737 Pinehurst Dr., Chapel Hill, NC 27517. Phone#: (919) 929-6726	(JSCNC Calendar)	If you wish to recite specific Sutras during Adult Pratikraman, please contact Mrs. Rekha Banker (rekla78@gmail.com or 919-676-4548) For children (in English) - 5:30 p.m. sharp If you wish to recite specific Sutras during Children's English Pratikraman, please contact Mrs. Rita Lodaya or Mrs. Sejal Shah Please arrive 15 mins early.
Mon 09/09	5:00pm - 8:00pm	Arvindbhai and Arunaben Shah 8705 Stage Ford Rd., Raleigh, NC 27615. Phone#: (919) 518-1112	Samvatsari Pratikraman (Traditional Calendar)	For adults - 5:00 p.m. sharp. Please arrive 15 mins early.

In addition to these activities, following daily events during the traditional Paryushan week are scheduled as follows:

Date & Time	Event
Sept. 2 –Sept. 8 7pm sharp (except on Friday Sep 6, the pratikraman will be at 5pm so everyone can attend the Bhavana)	[Traditional Calendar] Daily Pratikraman Arvindbhai and Arunaben Shah 8705 Stage Ford Rd., Raleigh, NC 27615. Phone#: (919) 518-1112
Sept. 2 –Sept. 8 7pm sharp (except on Friday Sep 6, the pratikraman will be at 5pm so everyone can attend the Bhavana)	[Traditional Calendar] Daily Pratikraman Shailesh & Sonal Shah 527 HICKORYWOOD BLVD CARY NC 27519 Phone#: (919) 387 6251

BIO of Samnji Shruthnidhi ji & Samnji Suyashnidhi ji & List of Topics

Samani Shruthnidhi ji and Samani Shri Suyashnidhi ji impressed many by their knowledge, fluency in Hindi and English with high-tech presentation techniques. They are fluent in



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Marwadi, some Kannad and Gujarati. Both of the Samnijis are disciples of ACHARYA – Acharya Pravar Shri Shubhchandraji Maharaj Saheb; UPADHYAYA – Upadhyaya Pravar Shri Parshvachandraji Maharaj Saheb; GURU –Dr. Shri Padamchandraji Maharaj Saheb. Samnijis are educated in Jainology (one with BA, other with MA - Gold Medalist), Naturopathy and Prakrit.

While they can be considered as a very good resource to reach out to various age groups, they can also have a strong impact on the youths & teenagers. See below list of discourses they can be requested to deliver. Though they come under Sthanakwasi parampara, they have no barriers about any sampradaya or parampara and are open to any public under the Jain aegis as well across other practices that may be interested to hear and experience the teachings of Jainism. They individually and combined are versatile in with the knowledge of various Scriptures, Sthoks, Strotras. Apart from the list below, many other topics may be discussed and specially topics for youngsters such as

(a) Attitude, success, power of mind, (b) Hard work never fails, (c) How important are our parents to us, (d) What does Jainism teach us? etc.,

1. Jain Anuppeha Dhyana Yog Sadhana and medical science
2. Power of positive thinking - The more you think positive, the more you manifest
3. Art and science of eating - Digest your food and digest your thoughts
4. Awaken yourself from within - Door to self-realization
5. As you sow, so you reap - Theory of karma and its scientific perspective
6. Body never lies - Body has its own way of teaching a lesson in life (with a small meditation of Jain Anuppeha Dhyana Yog Sadhana)
7. Prayer Heals - Discover the healing powers of prayer
8. Power of Giving - Jain way and science behind it
9. Forgiveness Meditation - "Forgiving yourself can create wonders in life"
10. Earn a living, Earn a merit, Recieve happiness, Attain Moksha
11. Family and its importance in life
12. Jainism and Science
13. Jainism Mudras and Parashakti

If you are interested in any specific topics for a discourse, please send an e-mail to Madhuker Mehta (top.mehta@gmail.com). The request is not a guarantee but will be considered first. Majority of selected topics and Samnijis' choice will prevail.