Ingredients

Project: Candies

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Outline

● Current State

● Non-vegetarian candies

● Common ingredients in non-vegetarian candies

● Vegetarian/vegan candies or alternatives
Today

- Animal products
  - Technology available
  - Advanced Society
  - Realization
Candies that are not vegetarian and why

- Gummy Bears - Gelatin
- Candy Corn - Gelatin (Vegan Option Available)
- Gummy Worms - Gelatin
- Nerds - Gelatin
- Altoids - Gelatin
- Marshmallows - Gelatin (Vegan Option Available)
- Jello - Gelatin
- Rice Krispie Treats - Marshmallows (Gelatin)
- Pop Tarts - Icing (Gelatin)
- Junior Mints - Gelatin & Shiny Glaze
- Red Candy - Red Dye (Cochineal Beetles)
What is Gelatin?

Gelatin is a base or powder that is made from animal skin, tissue, or even bones. It is used in candy to make the ingredients stick together and makes the candy chewy.
What are Cochineal Beetles?

- Insects with scales but no wings
- ⅓ of an inch long
- Live on cacti
- Used for their dye and shiny waxing
- Alternative names - Carmine, Natural Red 4, E120
Candies safe for vegetarians and vegans

- Airheads
- Jolly Ranchers
- Twizzlers
- Smarties
- Swedish Fish
- Skittles
- Sweet Tarts
- Sour Patch Kids
- Lemon heads
- Dots
- Dumdum lollipops
Sources

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